



## HAZRIQ IDRUS

### Business Creativity & Speaking Strategist

~ Helping Professionals Elevate Their Value & Visibility at the Workplace with Theatre-based Business Creative Problem Solving & Speaking Strategies ~

Business Creativity and Speaking Strategist Hazriq Idrus helps professionals, entrepreneurs and authors communicate their ideas with confidence and impact that elevate their brands & achieve breakthroughs at the workplace.

As a keynote speaker, Hazriq uses interactive theatre improvisation approaches in his delivery that creates a high-energy and unique presentation; delivered to your audience in a way they will never forget. As a coach, he uses multi-modal experiential approaches to achieve his clients' desired results.

Hazriq advocates experiential & theatre-based training because it accelerates learning. He founded The Speaking Factory with the core belief that business and art is a powerful mix.

A graduate of University of South Australia, Hazriq draws on performance strategies acquired from more than a decade of stage acting, television and media performances experience across the region namely Singapore, Malaysia and Brunei.

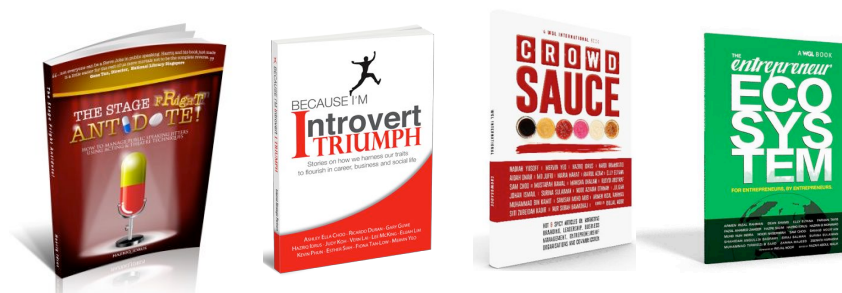
Hazriq is the author of the book, "The Stage Fright Antidote!" and co-authored three other books. He also lectures on Creativity & Innovation as an Associate Lecturer at Ngee Ann Polytechnic, Singapore.



**Picture Above:** Hazriq after conducting an in-house corporate training for the staff of National Environment Agency, Singapore



**Picture Above:** Hazriq moderating a panel discussion of authors at the Crowdsauce book launch



**Picture Above:** Hazriq is a published author of The Stage Fright Antidote & co-authored 3 other books

## **Qualifications, Professional Accreditations & Memberships:**

BA Communications and Media Management, University of South Australia  
Diploma in Business (Corporate Communications & Human Resource), Temasek Polytechnic  
Advanced Certificate in Training and Assessment (ACTA) certification, WDA  
Certified Behavioural Consultant, Institute of Motivational Living, USA  
Certified DISC Profiling Consultant  
Certificate of Educational Studies (Public Speaking), College of Teachers, UK  
Certified Service Provider (CSP), Workforce Devt Agency

Member of the Association of Professional Trainers (Singapore)

## **Testimonials**

“I was thrilled that after the coaching sessions, not only did my presentation styles were brought up a notch, but I also won the Top Prize in that annual competition!

What I appreciated most from Hazriq was his professionalism and his acumen in the presentation and public speaking field. He's a no-nonsense coach with a high threshold of patience (with my antics!) yet firm in his delivery to meet, and exceeded, the desired outcome.”

**Suhail Abdul Hamid**  
**Founder, Communications Training Centre**

“Hazriq is a wonderful trainer! Full of vibes and energy and never holding back in sharing creativity and ideas with his students.”

**Andy Yam**  
**Sales & Marketing Manager, GIG Education Centre Pte Ltd**

“...And so the time came and I found myself delivering my simple message in a calm and natural way. I grabbed that mic and I started talking! I thought I was going to get very nervous, but I didn't!.... And for that, I have to Thank You Hazriq. I have no doubt that when the time comes, I'll be seeking your assistance again.”

**Maitte Cruz,**  
**Counsellor, Hwa Chong School**

“I found Hazriq's techniques on improving my presentation skills extremely valuable. I was able to take a whole new approach to a keynote lecture I was asked to give at a conference. Even though I had presented many times before and thought that I was a skilled presenter, Hazriq was able to introduce me to more creative ways to present. ”

**Dr. Jafri Kuthubutheen**  
**Surgeon, Toronto, Canada**

## *Hazriq's Curriculum Vitae for 2011-2017*

<b>Programme Date/ duration</b>	<b>Training Programme</b>	<b>Organisation</b>	<b>Level and no of participants</b>
13 Mar 2017/ Full Day	IDEAz Ignite workshop	Health Sciences Authority (HSA)	Corporate Training / 23
7 Mar 2017/ Full Day	IDEAz Ignite workshop	Health Sciences Authority (HSA)	Corporate Training / 25
6 & 20 Mar 2017/ Half-Day	Mini Workshop: The Stage Fright Antidote!	Woodgrove Sec Sch	Youths Training / 25
2 Mar 2017/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 23
28 Feb & 1 Mar 2017/ Half-Day	Mini Workshop: The Stage Fright Antidote!	Bukit Panjang Govt High Sec Sch	Youths Training / 25
27 Feb 2017/ Full Day	IDEAz Ignite workshop	Health Sciences Authority (HSA)	Corporate Training / 26
20 Feb 2017/ Full Day	IDEAz Ignite workshop	Health Sciences Authority (HSA)	Corporate Training / 26
16 Feb 2017/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 20
13 Feb 2017/ Full Day	IDEAz Ignite workshop	Health Sciences Authority (HSA)	Corporate Training / 26
Jan & Feb 2017/ Half-Day	Mini Workshop: The Stage Fright Antidote!	Anderson Sec Sch	Youths Training / 30
19 Jan 2017/ Full Day	IDEAz Ignite workshop	Civil Service College	Corporate Training / 16
12 Jan 2017/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 13
1 Dec 2016/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 25
12 Nov 2016/ Half Day	Mini Workshop: The Stage Fright Antidote!	Toastmasters Intl (at Villa Hotel, JB Malaysia)	Corporate Training / 30
9 Nov 2016/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 17
13 Oct 2016/ Half Day	Mini Workshop: The Stage Fright Antidote!	ITE East	Youths Training / 15
Weekly; Semester Oct 16 – Feb 2017	Creativity Programme	Ngee Ann Polytechnic	Youths Students/ 100

22 Sep 2016/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 25
8 Sep 2016/ Full Day	The Stage Fright Antidote! workshop	Masjid Darulmakmur	Corporate Training / 25
25 Aug 2016/ Full Day	IDEAz Ignite workshop	Civil Service College	Corporate Training / 25
8 Aug 2016/ Half Day	Talk: How to Boost Your Likeability!	AXA Organisation	Corporate Training / 30
21 July 2016/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 22
22 June 2016/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 25
15 June 2016/ Half Day	Lunch Time Talk: The Stage Fright Antidote!	Teva Pharmaceutical	Corporate Training / 15
2 June 2016/ Half Day	Lunch Time Talk: The Stage Fright Antidote!	Lifelong Learning Institute	Corporate Training / 35
7 May 2016/ Half Day	Talk: The Stage Fright Antidote!	Masjid Darul Makmur	Corporate Training / 35
27 Apr 2016/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 19
Weekly; Semester Apr 16 – Aug 2016	Creativity Programme	Ngee Ann Polytechnic	Youths Students/ 100
4 April 2016/ 1 <sup>st</sup> session	Boost Your Speaking Confidence! Private Coaching	Outram Sec School	Executive Coaching / 1
19 Mar 2015/ Half Day	Talk on Entrepreneurship	SAFRA at ST Career Fair	Adults / 15
10 Mar 2016/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 19
25 Feb 2016/ 1 <sup>st</sup> session	Boost Your Speaking Confidence! Private Coaching	Checkouts.Sg	Executive Coaching / 1
17 Feb 2016/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 19
30 Jan 2016/ Half Day	How to Connect & Communicate with the opposite gender with confidence	FaithHub	Community Training / 70
28 Jan 2016/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 19

22 Jan 2016/ 1 session	Boost Your Speaking Confidence! Private Coaching	Majlis Ugama Islam Singapura (MUIS)	Executive Coaching / 1
14 Jan 2016/ 1 session	Boost Your Speaking Confidence! Private Coaching	ERA Real Estate	Executive Coaching / 1
Jan-Feb 2016/ Half Day	IDEAz Ignite workshop	Anderson Secondary School	Youths Training / 15
26 Nov 2015/ Full Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 22
13 Nov 2015/ Half Day	Talk: Boost Your Creativity Thru Play!	ExxonMobil	Corporate Training / 30
12 Nov 2015/ Full Day	IDEAz Ignite workshop	Civil Service College	Corporate Training / 23
29 Oct 2015/ Half Day	Talk: Supercharge Your Speaking Confidence	Library at Lifelong Institute	Corporate Training / 32
28 Oct 2015/ Half Day	IDEAz Ignite workshop	Agri-Veterinary Authority (AVA)	Corporate Training / 22
27 Oct 2015/ Half Day	IDEAz Ignite workshop	Attorney Chamber's Chambers	Corporate Training / 50
Weekly; Semester Oct 15 – Feb 2016	Creativity Programme	Ngee Ann Polytechnic	Youths Students/ 80
7 Oct 2015/ Half Day	Corporate Teambuilding	Singapore Prisons Service	Corporate Training / 60
4 Sep 2015/ Half Day	Talk: The Stage Fright Antidote!	Starhub	Corporate Training / 85
20 Aug 2015/ Full Day	IDEAz Ignite workshop	Civil Service College	Corporate Training / 23
13 Aug 2015/ Half Day	IDEAz Ignite workshop	National Environment Agency	Corporate Training / 35
1 Aug 2015/ Half Day	Talk: The Stage Fright Antidote!	Jobscentral Career Fair at Marina Bay Sands	Corporate Training / 35
9 July 2015/ Half Day	IDEAz Ignite workshop	Ministry of Finance	Corporate Training / 72
26 June 2015/ Full Day	IDEAz Ignite workshop	Sport Singapore	Youths Training / 72
28 May 2015/ Half Day	Youths teambonding	CHIJ Katong Convent	Youths Training / 14
23 May 2015/ Conference	The Stage Fright Antidote!	Toastmasters International	Corporate Training/

BreakOut Session			10
13 May 2015/ Lunchtime Talk	Talk: Look Good, Speak with Confidence	DSM Engineering	Corporate Training/ 20
Weekly; Semester Apr 15 – Aug 2015	Creativity Programme	Ngee Ann Polytechnic	Youths Students/ 80
16 April 2015/ 1 Day	IDEAz Ignite – workshop	Agri-Veterinary Authority (AVA)	Corporate Training/ 25
13 March 2015/ Half Day	Corporate Teambuilding	A-Star	Corporate Training / 60
11 Mar 2015/ 5- sessions	Boost Your Speaking Confidence! Private Coaching	IAM Advisory Group Pte Ltd	Executive Coaching / 1
6 Feb 2015/ Half Day	Interactive Teaching and Training Approaches	Clementi Town Sec School	Staff Training/ 5
26 Feb 2015/ Lunchtime Talk	Talk: Boost Your Creativity thru' Play!	AU Optronics	Corporate Training/ 45
25 Feb 2015/ Lunchtime Talk	Talk: The Stage Fright Antidote!	Singapore Turf Club	Corporate Training/ 30
27 Jan & 3 Feb 2015 1 Day	Ignite The Stage – communications workshop	Bukit Panjang Government High School	Youths Participants/ 25
6 Jan 2015/ Half Day	Talk on creativity	Shelton College	Youth Training/ 80
13 Nov 2014/ 1 Day	IDEAz Ignite – workshop	Civil Service College	Corporate Training/ 20
5 Nov 2014/ Half Day	IDEAz Ignite – workshop	Civil Aviation Authority of Singapore	Corporate Training/ 16
4 Nov 2014/ Day	Corporate Teambuilding	Civil Aviation Authority of Singapore	Corporate Training/ 100
Weekly; Semester Oct 14 – Feb 2015	Creativity Programme	Ngee Ann Polytechnic	Youths Students/ 80
1 Sep 2014/ Half Day	Personality Profiling – workshop	Ngee Ann Polytechnic	Youth Training/ 30
28 Aug 2014/ Half Day	IDEAz Ignite – workshop	Ministry of National Development	Corporate Training/ 13
21 Aug 2014/ 1 Day	IDEAz Ignite – workshop	Civil Service College	Corporate Training/ 30
13 June 2014/ 2- sessions intensive	Boost Your Speaking Confidence! Private Coaching	BMW Asia Pte Ltd	Executive Coaching / 1

9 June 2014/ 2-month sessions	Boost Your Speaking Confidence! Private Coaching	FTW Manufacturing Pte Ltd	Executive Coaching / 2
4 June 2014/ 1 Day	Ignite The Stage – communications workshop	Bukit Panjang Government High School	Youths Participants/ 13
3 June 2014/ 1 session	Boost Your Speaking Confidence! Private Coaching	John Foord Pte Ltd	Executive Coaching / 1
29 May 2014/ 1 Day	IDEAz Ignite – workshop	Civil Service College	Corporate Training/ 15
15 May 2014/ 1 session	Boost Your Speaking Confidence! Private Coaching	Prompt Dry Cleaning Mobile Services Pte Ltd	Executive Coaching / 1
7 May 2014/ 3-month sessions	Business Coaching	Beez Kneez	Executive Coaching / 1
Weekly; Semester Apr 14 – Aug 2014	Creativity Programme	Ngee Ann Polytechnic	Youths Students/ 25
30 Apr 2014/ 1 session	Boost Your Speaking Confidence! Private Coaching	Aspire Hub Pte Ltd	Executive Coaching / 1
29 Apr 2014/ 1 session	Boost Your Speaking Confidence! Private Coaching	Singapore Polytechnic	Executive Coaching / 1
29 Apr 2014/ 1 session	Boost Your Speaking Confidence! Private Coaching	Orange Fill	Executive Coaching / 1
24 Apr 2014/ 2-month sessions	Boost Your Speaking Confidence! Private Coaching	Al-Barakah Pte Ltd	Executive Coaching / 1
21-22 Apr 2014/ 2 Days (in KL, Malaysia)	Ignite The Stage – communications workshop	Petronas Sdn Bhd, Malaysia Petromina, Indonesia	Corporate Training/ 5
20 Mar 2014/ 1 Day	Ignite The Stage – communications workshop	Ministry of Social and Family Development	Corporate Training/ 15
15 Feb 2014/ Half Day	Talk – Persuasive Speaking	Singapore Management University	Adult participants/ 60
14 Jan 2014/ 1 session	Boost Your Speaking Confidence! Private Coaching	Munster Bootcamp	Executive Coaching / 1
19 Dec 2013/ 1 Day	Ignite The Stage – communications workshop	Ministry of Social and Family Development	Youths participants/ 15

5 Dec 2013/ Day	1	IDEAz Ignite – workshop	Civil Service College	Corporate Training/ 24
16 Oct 2013/ Half Day		Intro to Public Speaking workshop	National Institute of Education	Corporate Training/ 20
Weekly; Semester Oct 13 – Feb 2014		Creativity Programme	Ngee Ann Polytechnic	Youths Students/ 70
19 Sep 2013/ 1 Day		IDEAz Ignite – workshop	Civil Service College	Corporate Training/ 23
11 Sep 2013/ 1 Day		Ignite The Stage – communications workshop	Ministry of Social and Family Development	Youths participants/ 20
5 July 2013/ hour	1	Keynote Speech: Creativity in Progress	Subordinate Courts	Corporate Training/ 200
5 July 2013/ hours	3	IDEAz Ignite – workshop	Subordinate Courts	Corporate Training/ 35
24 June 2013/ 20 mins		Engaging the Audience: Theatre Style	Radin Mas Toastmasters	Corporate Training/ 20
22 May 2013/ 1 hours		Creativity in Progress- Talk- show	Singapore Customs	Corporate Training/ 20
25 April 2013/ 30 mins		Stage-Play: Creative & Theatrical Games for Trainers and Workshops Leaders	Association of Professional Trainers Singapore	Corporate Training/ 20
12- & 19 April 2013/ 2 Half Days		Ignite The Stage - workshop	ITE College East	Youths participants/ 20
3-4 April 2013/ 2 Full Days		Ignite The Stage - workshop	ITE College East	Youths participants/ 20
20-21 Mar 2013/ Full Days	2	Ignite The Stage - workshop	Ministry of Social and Family Services	Youths participants/ 10
6 Mar 2013/ Half-Day		Time to Play – Corporate Teambuilding	A-Star	Corporate Training/ 60
20 Feb 2013/ 1 sessions of 1-hr talk		Ignite The Stage – Talk on Public Speaking	ITE College East	ITE students / 250
28 & 29 Nov 2012/ 1.5 days		Time to Play/ Ignite The Stage - workshop	MERCU Learning Point	Sec 1s and 2s/ 30
9 Nov 2012/ sessions of hr talk	1 1-	Ignite The Stage – Talk on Public Speaking	ITE College West	ITE students / 200
8 Nov 2012/ sessions of	1 1-	Ignite The Stage – Talk on Public Speaking	ITE College West	ITE students / 200



hr talk			
1 Nov 2012/ 1 day	IDEAZ Ignite – workshop	Civil Service College	Corporate Training/ 30
Weekly; Semester Oct 12 – Mar 2013	Creativity Programme	Ngee Ann Polytechnic	Students/ 120
8 Oct 2012/ 1 session of 1-hr talk	Ignite The Stage – Talk on Public Speaking	ITE Yishun	ITE students / 200
30 Aug 2012/ 1 day	IDEAZ Ignite – workshop	Civil Service College	Corporate Training/ 30
15 Aug 2012/ hours 3	IDEAZ Ignite – workshop	Maritime and Port Authority	Corporate Training/ 18
7 July 2012/ 3 hours	Ignite The Stage - workshop	SIM Membership Services	Corporate Training/ 15
24 May 2012/ 1.5 hours	Creativity in Progress	Civil Service College	Corporate Training/ 30
10 May 2012 2 sessions of 1-hr talk	Ignite The Stage – Talk on Public Speaking	ITE Balestier	ITE students / 200
Weekly; Semester Apr -July 2012	Creativity Programme	Ngee Ann Polytechnic	Students/ 100
10 March 2012/ 3 hours	IDEAS Ignite! Creativity Programme	SIM Membership Services	Corporate Training/ 10
8 March 2012 4 sessions of 1-hr talk	Ignite The Stage – Talk on Public Speaking	ITE College West	ITE students / 400
5 March 2012/ 1-hour talk	IDEAZ Ignite! – Talk on Creativity	Singapore Civil Defence Force	Corporate Training /50
16 Feb 2012/ 1 day	IDEAZ Ignite! – workshop	Civil Service College	Corporate Training / 25
27 February 2012 2 sessions of 1-hr talk	Ignite The Stage – Talk on Public Speaking	ITE Central – Bishan	ITE students / 200
Weekly for 1 Semester (Oct 2011- Jan 2012)	Creativity Programme	Ngee Ann Polytechnic	Students/ 50
4-6 Jan 2012/ 3 Half Days	Teambuilding programme	Greenridge Secondary	Sec 3 students/ 20
17 November 2011/	Drama workshop	Muhammadiyah Welfare	Youths Training/ 20

Half Day		Home	
24 September 2011/ Half-Day	Ignite The Stage - workshop	SIM Membership Services	Corporate Training/ 20
20 August 2011/ 1 hour	Ignite The Stage – talk on public speaking	SIM Membership Services	Corporate Training/ 60
9 June 2011/ Half day	Public Speaking workshop	Muhammadiyah Welfare Home	Youth Training/ 25
16 February 2011/ 1 day	Creativity Thinking workshops	Civil Service College	Corporate Training/ 50

**Other companies & organisations that Hazriq has facilitated between 1997-2010:** Inland Revenue and Authority of Singapore (IRAS), KK Women’s and Children Hospital, Dunman Secondary School, Defence Science & Technology Agency, Ministry of Education, Ministry of Defence (Commandos Training Institute), Ascendas Pte Ltd, Malay Youth Literary Association (4PM), Islamic Religious Council (MUIS), Malaysia Special Library Services (training conducted in Kuala Lumpur).

**Annex B**

**The Speaking Factory Pte Ltd Profile**

The Speaking Factory Pte Ltd is a theatre-based training firm that is dedicated to helping leaders and professionals achieve maximum potentials, performance and productivity at the workplace. It uses acting, drama and improvisations techniques to deliver its training programmes.

The uniqueness about encompassing those techniques is that participants will have the opportunity to explore tools and techniques used by actors to bring out creative abilities and improve communication skills through the use of body language, expressions, voice projections and many more. Training sessions are experiential in nature - making learning fun & exciting while meeting training objectives.

The Speaking Factory also provides value added services in the areas of short play performances, icebreakers & energisers for companies to spice up their corporate events. The Speaking Factory believes that drama is a good personal development training ground as well as a tool for anyone who desires to add value to his/ her well-being. We bring this philosophy into our programmes and services.

The Speaking Factory Pte Ltd was founded by Hazriq Idrus (www.hazriq.com), a dynamic stage & television actor, professional speaker, corporate trainer/ facilitator, master of ceremonies and the author of "The Stage Fright Antidote! How to overcome public speaking jitters using acting & theatre techniques".

**Sample photos of The Speaking Factory's training programmes:**



**Below are some of the organizations that have benefited from our trainers' & facilitators' expertise and experiences:**

Ministry of Home Affairs | Muhammadiyah Welfare Home | Ngee Ann Polytechnic | Republic Polytechnic | Tetra Pak Singapore | Maritime and Port Authority (MPA) | Immigration and Checkpoint Authority (ICA) | Singapore Prisons Service | Ministry of Defence | Association of Muslim Professionals (AMP) | Malay Youth Literary Association (4PM) | Ministry of Education Singapore | Ministry of Finance | Ang Mo Kio Secondary School | Singapore Productivity Association | Southeast CDC and lots more ....

<b>Contact:</b>	
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